



FITNESS



OUR GUESTS LOVE TO RETURN TO KASKADY RESORT

When you walk into our hotel, beautiful music resounds the space. You find yourself in another world where the time goes by gently, every guest is special and awaited, and our kind staff is always willing to help. Experience the atmosphere in Kaskady, one of the favourite hotels in Slovakia where thermal springs of nearby spa villages Sliač and Kováčová meet under ground.



Thermal water rich in minerals and treated with a gentle technique is a true treasure of the well-located resort. It has beneficial effect on the whole body, especially the musculoskeletal system.

- ✓ capacity for 200 guests
- ✓ 10 luxurious apartments
- ✓ 4 villas
- ✓ air-conditioned rooms
- ✓ ayurvedic spa
- ✓ 3,000 of wellness facilities
- ✓ large thermal pool
- ✓ outdoor Natural Spa
- ✓ tennis courts
- ✓ beach volley
- ✓ yoga, fitness
- ✓ adventure golf
- ✓ bowling
- ✓ children playground, weekends with animators and children's activities
- ✓ 18-hole golf course (3 km)
- ✓ hotel park
- ✓ Koliba – traditional Slovak restaurant

Hotel & Spa Resort Kaskady Sliač - Sielnica,
+421 45 530 00 26, rezervacie@hotelkaskady.sk,
www.hotelkaskady.sk



SPA & WELLNESS

We offer you deep relaxation in saunas, rest for body and soul during Ayurvedic procedures and classic sports or special massages with our Bali therapists. From spring to late autumn, indoor spa facilities are combined with outdoor area with seaside atmosphere. Herbal saunas, tepidarium, quiet zone and much more is provided for you in our Spa & Wellness.



GASTRONOMY

Our cooks prepare for you rich breakfast, gastronomic specialities from international cuisine and delicious homemade cakes served in Lobby bar. Gourmets are recommended to taste traditional Slovak food and wines in Koliba.



ACTIVITIES

18-hole adventure golf, rich children programme with animators, regular performances with singers, actors and dancers will entertain you during your stay.



CONGRESS & EVENTS

7 conference facilities, good accessibility from R1 motorway – Sliač (Sielnica), organisation of untraditional events, congress hall capacity for 300 delegates, favourite informal meetings for up to 100 guests in Koliba. Professional, helpful and stable staff is your guarantee of a successful event.

RECENT NEWS

- ✓ enlarged accomodation facilities to 200 guests
- ✓ comfortable lounge President for 8 guests